

Monument Marathon Aid Station Locations and Supplies

	Location			Supplies					
	5k	Half	Full	Water	Gatorade	Fruit	Gels	First Aid	Toilet
Start				X	X	X	X	X	X
A			Mile 3	X				X	X
B			Mile 6	X	X		X	X	X
C			Miles 9 & 10	X	X	X	X	X	2
D			Mile 11.5	X	X		X	X	X
E			Mile 13	X	X		X	X	X
F	Mile 1.5	Mile 1.5	Mile 14.5	X	X		X	X	X
G		Mile 3	Mile 16	X	X		X	X	X
H		Mile 4.5	Mile 17.5	X	X			X	X
I		Mile 5.5	Mile 18.5	X	X	X		X	X
J		Mile 8	Mile 21	X	X		X	X	X*
K		Mile 9	Mile 22	X	X			X	X
L		Mile 9.5	Mile 22.5	X			X	X	X
M		Mile 10.5	Mile 23.5	X	X		X	X	X
F		Mile 12	Mile 25	X	X		X	X	X
Finish				X	X	X	X	X	X

** Only if Canal Road is dry*